



## **Women and Girlz 3-on-3 Three Sport Tourney WAIVER AND RELEASE FORM**

Assumption of Risk and Release of Liability. Certain risks are inherent in any Women and Girlz 3-on-3 Three Sport Tourney activity. Each AlphaGirlz participant agrees to accept personal responsibility for his/her safety, and the safety of minors accompanying such persons. AlphaGirlz cannot ensure the safety of any participant of sport tourney or activities. Each participant agrees to hold harmless and free of blame the sport tourney or activity leader and AlphaGirlz, its officers and members for any accident, injury, or illness which might be sustained from participating in the sport tourney or other AlphaGirlz activities. I agree that I am solely responsible for my own equipment, safety, and first aid needs. Sport tourney participation and other activities may involve strenuous physical activity and certain risks. I certify that I am physically fit and have not been advised otherwise by a qualified medical person.

Neither the AlphaGirlz nor landowners are in any way liable for any injury or illness I might sustain while participating in an AlphaGirlz activity. I will and do hereby assume the above-mentioned risks and will hold harmless AlphaGirlz, officers, directors, members and the Sport Tourney or Activity Leaders from any and all liability and claims of every kind and nature whatsoever, which may arise from or in connection with my participation in these activities.

This release is binding on me, my heirs, and my personal representative.

**I DO HEREBY CERTIFY BY MY SIGNATURE THAT I HAVE READ, DO UNDERSTAND AND DO AGREE TO THE ABOVE-MENTIONED TERMS.**

---

Print Name

---

Signature

---

Date